

## Brandon Valley Boys Basketball Advanced Offensive Skills & Shooting Workout

**Location:** Avera Sports Center (85th & Minnesota)

**Cost:** \$125 Payment is collected first day of workouts.

## Athletes will receive a Warwick Workout T-shirt

Weekly Workouts are the foundation to be coming a skilled basketball player. The advanced offensive skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. We will also incorporate shooting and scoring drills each week focused on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens.

These drills will assist athletes to become a more effective shooter and scorer.

Monday, September 14th	4:30-6:00pm
Monday, September 21st	4:30-6:00pm
Monday, September 28th	4:30-6:00pm
Monday, October 5 <sup>th</sup>	4:30-6:00pm
Monday, October 12 <sup>th</sup>	4:30-6:00pm
Monday, October 19th	4:30-6:00pm

## Register online at <u>www.warwickworkouts.com</u> Find your session under the register HERE tab

Contact Kris Warwick or Garrett Callahan with questions about workouts Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (815) 545-9634 Garrett

## WHERE CHAMPIONS TRAIN.